

**MPT 4<sup>th</sup> SEMESTER (SPORTS REHABILITATION)**

**REHABILITATION IN SPORTS**

**ASSIGNMENT 3 (PRINCIPLES OF MANAGEMENT)**

1. Enlist main issues of an athlete that needs to be managed.
2. Write another name for Damage control phase.
3. Write another name for Promotion of healing.
4. Enlist factors affecting principles of management.
5. How does type of injury affect principles of management?
6. Differentiate between principles of management between a surgical and a non-surgical condition.
7. What does “PRICER” stand for?
8. Enlist other management protocols with their full form.
9. Why does BP increase during sports and specially after injury?
10. Write about Cryokinetics.

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