



University

NEWS LETTER



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Editorial

March has been a vibrant and meaningful month for SBS University, marked by celebration, academic engagement, and a strong sense of togetherness across the campus. From cultural festivities to major academic events, the month reflected the spirit of progress, unity, and learning that continues to define university life.

Adding color and joy to the campus, the celebration of Holi brought students and faculty together in an atmosphere filled with happiness, friendship, and harmony. As the festival of colors, Holi symbolizes unity, positivity, and the victory of good over evil. The celebrations not only brightened the campus environment but also reminded everyone of the value of kindness, togetherness, and new beginnings.

March also stood out for its academic importance, especially with the International Conference held on 13th and 14th March at SBS University. The event brought together academicians, researchers, scholars, and students from various institutions and countries to exchange knowledge, research findings, and innovative ideas. Through keynote lectures, technical sessions, and paper presentations, the conference created a valuable platform for academic exchange and research collaboration. Such events play a significant role in strengthening research culture, encouraging academic excellence, and expanding global exposure for students and faculty members.

Another notable moment of the month was the celebration of International Women's Day on 8th March. The occasion was observed with great enthusiasm and respect, recognizing the achievements, strength, and contributions of women in education, society, and leadership. The celebration reflected the university's commitment to empowerment, equality, and social awareness.

Taken together, these events made March a month of knowledge, celebration, empowerment, and global academic engagement for SBS University. The blend of cultural celebrations and academic initiatives not only contributed to student development but also promoted leadership, social values, and cultural awareness across the campus community.

We hope this edition of SBS Times brings you meaningful insights and memorable highlights from university life. As it is said, "Happiness is when you share colors of joy with others," and this month truly reflected the spirit of learning, unity, and celebration.

Happy Reading!
Editorial Team

PHOTOGRAPH OF THE MONTH



By:-
Tenzin Choeyin
BPT 3rd year

International Women's Day

SBS University celebrated International Women's Day on 8th March with great enthusiasm and respect. The event highlighted the strength, determination, and achievements of women who continue to inspire change and shape the future. Faculty members and students participated in various activities to promote awareness of women's empowerment and equality. The celebration concluded with a message to continue supporting, encouraging, and uplifting every woman in society.



International Conference – Biosciences Beyond Boundaries



The International Conference 2026 – Biosciences Beyond Boundaries, organized by Sardar Bhagwan Singh University, Dehradun, was held on 13 and 14 March 2026, bringing together scholars, researchers, academicians, experts, and students for two days of insightful academic engagement and collaboration.

The conference began with the Inauguration Session on 13 March 2026, where participants came together to discuss Healthcare, Bioeconomy, and Sustainable Well-Being, setting the tone for a meaningful exchange of ideas over the next two days. The event continued with Technical Sessions cum Gala Dinner on 13 and 14 March 2026, where researchers, academicians, and scholars engaged in insightful discussions, followed by an evening of networking and celebration.

Another major highlight of the conference was the Research Paper Presentation Sessions held on 13–14 March 2026, during which researchers, academicians, and scholars presented their research findings and participated in thoughtful academic discussions, fostering knowledge exchange and collaboration. On 14 March 2026, a Panel Discussion on “Generative AI and the Future of Scientific Publishing: Innovation, Ethics, and Impact” was held at Council Of Scientific And Industrial Research–Indian Institute Of Petroleum (CSIR-IIP), Dehradun. The session featured experts and academicians who shared valuable insights on the evolving role of AI in research, publishing ethics, and the future of scientific communication.

The conference also featured the Prize Distribution Ceremony on 14 March 2026, where winners were recognized for their outstanding research presentations and contributions. The event concluded with the Valedictory Session on 14 March 2026, which was graced by Dr. Harender Singh Bisht, Director, CSIR-Indian Institute of Petroleum, as the Chief Guest. His valuable insights inspired the gathering and brought the conference to a meaningful close.

Skill Enhancement in Action – Agricultural Sciences & Forestry

The students of the School of Agricultural Sciences and Forestry successfully cultivated Oyster Mushrooms inside the laboratory as part of their Skill Enhancement Course on Mushroom Production Technology.



Educational Visits

Students of SBS University participated in two enriching educational visits that offered valuable learning beyond the classroom. On 26 February 2026, students of the Department of MLT & MM visited the Regional Science Centre as part of an educational tour. The visit was marked by scientific exploration, innovation, and hands-on learning through interactive exhibits and demonstrations, helping enhance students' scientific knowledge while providing practical exposure.

In another significant academic visit, students of the School of Agricultural Sciences and Forestry, SBS University, attended the Pusa Krishi Vigyan Mela 2026 to explore advancements in agriculture and technology. The event provided valuable insights into modern farming techniques, research innovations, and sustainable practices. It proved to be a meaningful learning experience that also promoted the vision of Viksit Krishi and Atmanirbhar Bharat.



Skill Enhancement in Action – Agricultural Sciences & Forestry

A hands-on training program on Computer Aided Drug Design (CADD) was conducted on 31 March 2026 from 10 AM to 4 PM, focusing on modern drug discovery techniques, organized by the School of Pharmaceutical Sciences & Technology. Participants learned protein preparation, molecular docking, and the use of real-world computational tools under expert guidance. The program provided valuable practical exposure and strengthened participants' understanding of computational drug design and research applications.



SBSU Representation

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“Between Deadlines and Dreams: The Real College Story”

College life is often described as the “best time of your life,” a phase filled with laughter, friendships, freedom, and unforgettable memories. But if we look a little deeper, beyond Instagram stories and canteen selfies, college is much more than just fun—it is a beautiful chaos of growth, confusion, ambition, and self-discovery.

Every student enters college carrying a suitcase full of expectations—some their own, some borrowed from parents, teachers, or society. We imagine ourselves excelling in academics, building lifelong friendships, discovering our passion, and somehow managing everything perfectly. Reality, however, has its own way of teaching us. Deadlines pile up, assignments stretch into sleepless nights, and suddenly, the idea of “balance” begins to feel like a myth.

Yet, it is within this chaos that real learning begins.

College is not just about textbooks and lectures; it is about understanding life beyond the syllabus. It teaches us how to fail—and, more importantly, how to stand back up. That low score, that missed opportunity, or that moment of self-doubt—these are not setbacks, but lessons in disguise. They shape resilience, patience, and courage—qualities no classroom can formally teach.

Friendships, too, take on a deeper meaning here. From strangers on the first day to becoming each other’s support systems, college friendships are built on shared struggles, late-night conversations, and countless inside jokes. These are the people who see us at our worst and still choose to stay. In a world that constantly changes, such connections become a constant source of strength.

Then comes the question every student secretly fears: “What next?” The pressure to figure out the future can be overwhelming. Careers, higher studies, and expectations—it all feels like a race we are somehow already late for. But the truth is, college is not about having all the answers. It is about exploring questions. It is okay to feel lost because, sometimes, getting lost is the first step toward finding your true path.

One of the most underrated lessons college teaches us is independence. From managing time and finances to making decisions and facing consequences, we slowly learn to take charge of our own lives. It is through these small, everyday responsibilities that we transform from dependent students into responsible individuals.

And let’s not forget the little moments—the chai breaks between lectures, the last-minute exam preparations, the laughter echoing through corridors, and the silent walks after a long day. These seemingly ordinary moments often become the most cherished memories.

In the end, college is not just a place; it is a journey. A journey that prepares us not just for a career, but for life itself. It teaches us that success is not defined by grades alone, but by growth, experiences, and the courage to keep moving forward.

So, as we navigate assignments, exams, and uncertainties, let us pause once in a while to appreciate how far we have come. Because one day, we will look back and realize that these were not just hectic days, but some of the most meaningful ones.

After all, college is not just about earning a degree—it is about becoming a person.

— By a Student, For Students

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