



## University

### NEWS LETTER



# sbstimes

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## Editorial

The month of May 2026 at Sardar Bhagwan Singh University stood as a reflection of academic dedication, student participation, institutional growth, and meaningful achievements across various domains. As the academic session moved closer to its culmination, the University continued to remain active not only in classrooms and laboratories but also in cultural, professional, research, and co-curricular spaces.

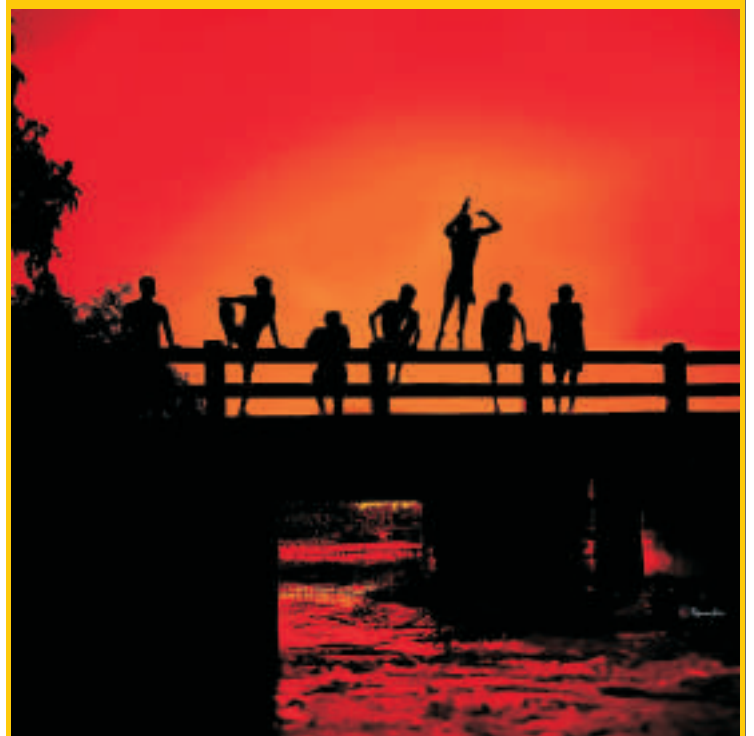
The month commenced with the observance of Buddha Purnima holiday, setting a calm and reflective beginning to a period filled with academic activities and institutional engagements. Alongside regular teaching-learning practices, students remained engaged in practical work, assignments, seminars, sessional examinations, and semester examinations. The smooth and systematic conduct of examinations reflected the organized academic environment of the University and the sincere efforts of both students and faculty members.

May was also a month of emotions and memories, as the University community came together to bid a heartfelt farewell to the outgoing batches. The SBS University Farewell Programme 2026 was not merely an event of celebration; it was a moment of gratitude, reflection, and acknowledgement of the students' journey at the University. Such occasions remind us that education is not limited to lectures and examinations alone. It also includes relationships, confidence, memories, and values that continue to shape students beyond campus life.

The month further witnessed enriching academic workshops, expert lectures, industrial collaborations, educational visits, placement opportunities, NCC activities, NSS activities, and remarkable research accomplishments. These initiatives once again highlighted the vibrant academic culture of Sardar Bhagwan Singh University and its unwavering commitment to excellence, holistic development, and professional readiness. In many ways, the May 2026 activities became a meaningful expression of academic progress, student growth, and institutional excellence

**Happy Reading!**  
**Editorial Team**

## PHOTOGRAPH OF THE MONTH



By:-  
Pradyumna Ghosal  
PhD Scholar

## SBSU FAREWELL PROGRAMME 2026

The Farewell Programme organized on 8th May 2026 was conducted with great enthusiasm and elegance. The event included several engaging rounds such as Introduction, Activities, and Talent Round, allowing outgoing students to participate with confidence and joy.

The programme also featured cultural fillers, declaration of results, and distribution of tokens of appreciation. These moments added warmth and grace to the occasion, making it a memorable celebration for the outgoing students. As they looked back on their academic journey, the event became a meaningful reminder of their achievements, friendships, learning experiences, and the bonds they created at the University.

A farewell is always more than a goodbye. It is a celebration of growth, a recognition of effort, and a silent wish for a brighter future. The SBS University Farewell Programme 2026 reflected the University's affectionate connection with its students and its pride in their journey.



## WORKSHOP-CUM HANDS-ON TRAINING

The Department of Pharmacognosy, School of Pharmaceutical Sciences & Technology, successfully organized a Workshop-cum Hands-On Training Programme on “Emerging Trends in Phytopharmaceuticals: Research and Development” on 2nd May 2026.

The technical sessions included expert lectures by Dr. Ram Kumar Sahu and Dr. Shubham Kumar Tyagi. They enlightened the participants on recent innovations such as plant metabolomics in herbal drug development and characterization. The sessions helped participants understand how traditional knowledge and modern scientific approaches can come together in the field of phytopharmaceutical research.

The resource persons also emphasized the growing importance of exploring Himalayan medicinal plants for the isolation of novel bioactive molecules, systematic characterization, translational drug delivery, clinical trials, and pharmacovigilance. The workshop offered valuable academic exposure and helped participants gain insight into emerging research directions in herbal drug development. This initiative further strengthened the academic environment of the School of Pharmaceutical Sciences and added value to the larger scope of SBSU's academic activities.



## EXPERT LECTURE



Expert lectures are an important part of academic life because they help students connect classroom knowledge with real-world concerns. In May, SBSU organised meaningful sessions on health, the environment, and social responsibility.

On the occasion of World No Tobacco Day, observed on 31 May 2026, the NCC and NSS units of SBSU organized an expert lecture on “Protecting the Next Generation: Fight against Drugs” on 15th May. The lecture was delivered by Dr. Deepanshu Rana, Assistant Professor, Department of Microbiology.

The session created awareness among students regarding the harmful effects of tobacco and drug abuse. It also promoted the importance of a healthy and drug-free lifestyle. In today's time, when young minds are exposed to various social pressures, such awareness programmes become essential in guiding students toward

responsible and healthy choices. This lecture also became an important part of SBS University expert lectures and reflected the University's commitment to student welfare.

As part of the nationwide pre-campaign for World Environment Day 2026 under the Mission LiFE initiative by the Ministry of Environment, Forest & Climate Change (MoEFCC), the University also organized an Expert Lecture on the theme “Climate Change.” Dr. D. P. Uniyal delivered the session from UCOST on 15th May.

The lecture emphasized environmentally sustainable lifestyles and encouraged students and faculty members to adopt responsible “pro-planet actions” for environmental conservation. The session

reminded everyone that climate change is not only a global concern but also a personal responsibility. Small lifestyle changes, when practiced collectively, can contribute meaningfully to environmental protection. Such expert lectures continue to encourage awareness, responsibility, and thoughtful action among students and faculty members.



## EDUCATIONAL VISITS

Educational visits play an important role in expanding learning beyond the boundaries of classrooms. They allow students to observe, experience, and understand concepts in practical and real-life settings. During May 2026, the University organized significant educational visits that offered students valuable exposure.



The University organized an educational visit on 9th May 2026 to the Indian Military Academy (IMA) under the "IMA Darshan" programme. A total of 26 NCC cadets participated in the visit and gained valuable exposure to the traditions, discipline, and ethos of the Indian Armed Forces.

The cadets took part in motivational sessions, museum visits, wreath laying, and weapon display activities. These experiences helped them understand the courage, dedication, and disciplined lifestyle of the armed forces. The visit further inspired cadets toward leadership, patriotism, national service, and

commitment to the nation. This visit also strengthened the spirit of NCC activities, where discipline and service remain central values.

In another academic initiative, the B.Sc. and M.Sc. Microbiology students visited the Pharmacology Laboratory Setup at the School of Pharmaceutical Sciences and Technology, SBSU on 12th May 2026. The objective of the visit was to provide students with practical exposure to pharmacological research facilities and animal handling techniques.

During the visit, students observed various pharmacological tests and experimental procedures conducted for drug analysis and research purposes. This educational interaction helped bridge theoretical learning with practical exposure. It also promoted awareness about interdepartmental research facilities available within the institution, encouraging students to understand the value of collaborative academic learning. Such educational visits reflect the importance of experiential learning in higher education.



## Off-Campus Placement Opportunities



Career opportunities form an important bridge between education and professional life. During the month, students of SBSU received valuable placement-related opportunities in pharmaceutical and healthcare sectors.

Rhydburg Pharmaceuticals Ltd., a reputed pharmaceutical manufacturing and global export company, invited applications from eligible B.Pharm students for career opportunities in Drug Regulatory Affairs (DRA) and Quality Control (QC). This initiative aimed to connect students with industry exposure and employment opportunities in globally recognized pharmaceutical sectors.

Such opportunities help students understand the expectations of the professional world and prepare them for future roles in the pharmaceutical industry. They also reflect the University's efforts to connect academic learning with career growth and professional readiness.

An SBSU placement drive was also organized on 14th May for final-year MPT and BPT students for recruitment at Shivam Wellness and Rehab Centre, Noida. The organization invited applications for the position of Sports Rehab Physiotherapist, offering opportunities for three MPT and two BPT candidates.

This placement initiative provided students with valuable career opportunities in the field of physiotherapy and rehabilitation sciences. It also highlighted the growing scope of physiotherapy professionals in wellness, sports rehabilitation, and clinical care. Such

placements reflect the University's commitment to career-oriented education and employability.



## Students' Achievement

The achievements of students are among the proudest moments for any educational institution. They represent not only individual dedication but also the academic support, guidance, and professional environment provided by the University.

SBSU proudly congratulates its B.Pharm students — Mr. Mohit Kumar, Mr. Sagar Uniyal, Mr. Ubaid Farooq, and Ms. Kiran — on their successful selection in the Off-Campus Placement Drive conducted by Sceptre Medical (India) Ltd. for the QA/QC and Marketing departments.

Their achievement reflects dedication, professional competence, and the University's commitment toward career-oriented education and industry readiness. Such accomplishments inspire other students to work with sincerity and confidence toward their professional goals and add pride to SBSU's student achievements.

The University also extends its heartfelt congratulations to Mr. Aditya Raj, an M.Pharm student, on his successful placement at Skymap Pharmaceuticals. His success is a proud moment for the institution and reflects the value of consistent academic and professional preparation.

The University further extends heartfelt congratulations to Izma Zaidi (BBA), Muskan Bohra (B.Pharm), Prakhar Sharma (B.Pharm), Shalini Rawat (B.Pharm), Shreya Pandey (M.Sc.

Microbiology), and Indra Manger (M.Sc. Pharmaceutical Chemistry) on their placement at Academically Global Healthcare Academy.

These achievements reflect the students' hard work, dedication, and the University's continuous commitment toward academic excellence and professional growth. Every placement adds confidence to the students' journey and strengthens the University's vision of preparing learners for meaningful careers. Together, these accomplishments form an inspiring part of student achievements as well as SBSU's achievements.

SBS University proudly congratulates Ms. Bhawna Pandey, M.Sc. Microbiology, for successfully qualifying the prestigious GATE examination. Her achievement is a reflection of academic discipline, focused preparation, and determination.

The University also proudly celebrated the achievement of NCC Cadet Harshit from the Department of BCA on his selection for the prestigious national-level "Seema Darshan" Camp held at Mana Village from 18th to 23rd May 2026. His selection reflects discipline, dedication, and the spirit of national service encouraged through NCC activities.



## VISIT OF UTTARAKHAND HEALTH MINISTER



The visit of the Hon'ble Health Minister of Uttarakhand, Shri Subodh Uniyal, marked an important moment for Sardar Bhagwan Singh University. He visited both campuses of the University and reviewed the academic, clinical, and laboratory facilities of the institution.

During the visit, he appreciated the University's three-decade-long contribution to healthcare education. He commended the high academic standards maintained by the institution and acknowledged SBSU as one of the oldest institutions in Uttarakhand engaged in allied health and physiotherapy education.

He also appreciated the University's focus on industry-oriented learning and employability. His visit served as a recognition of the University's continued efforts in strengthening SBSU's healthcare education, skill-based learning, and professional development.

## Faculty Achievements

Faculty achievements strengthen the academic identity of an institution. They reflect research excellence, intellectual contribution, and the continuous pursuit of knowledge.

Dr. Arun Kumar Mahato and his research team have been recognized by Wiley for their article, “Therapeutic Potential of Cornus Genus: Navigating Phytochemistry, Pharmacology, Clinical Studies, and Advanced Delivery Approaches,” which was selected as a Top-Viewed Article 2025 in Chemistry & Biodiversity.

This recognition highlights the relevance and impact of their research contribution in the field of phytochemistry, pharmacology, clinical studies, and advanced delivery approaches. It also adds to the growing list of SBSU's research achievements.

Mohammad Ajhmal has also earned recognition from Wiley as his Ph.D. research article, “Significance of Triazole in Medicinal Chemistry: Advancement in Drug Design, Reward and Biological Activity,” was selected among the Top Viewed Articles of 2025 in Chemistry & Biodiversity.

His achievement reflects meaningful research contributions in medicinal chemistry and drug design. Such recognitions not only bring pride to the individual researchers but also enhance the academic and research profile of the University. These accomplishments further strengthen SBSU's achievements in the field of research and publication.

### Faculty Publications

- Chaturvedi, M., Kamboj, P., Arora, M., Pandey, D. P., & Singroli, A. (2026). *The concurrent validity and reliability of the Angulus android application for measuring rear foot angle (RFA) and medial longitudinal arch angle (MLAA)*. Journal of Physiotherapy Research, 16, e6403.
- Verma, V. (2026). *Neurological Assessment Made Easy: A Step-by-Step Guide for Physiotherapists* (1st ed.). Academic Press.
- Amaha, N. D., Gidey, K. B., Kaushik, A., Lassi, Z. S., & Yisma, E. (2026). *Association between dietary fibre intake and depressive symptoms before and during the COVID-19 pandemic*. Clinical Nutrition ESPEN, 73, 103272.
- Kuniyal, A., Debbarma, B., Nautiyal, M., Jitendra, Dumka, B., Bankoti, P., Panwar, A., Patel, D., Basant, & Pathak, V. K. (2026). *A Short Review on the Seed Oil and Nutritional Potential of Kusumbha – The Lost Crop of India*. Journal of Natural Remedies, 26(4), 933–944.

These publications reflect the University's active research environment and the continuous scholarly contribution of its faculty members across different disciplines. The SBS University faculty publications of May 2026 once again highlighted the institution's dedication to academic advancement, research excellence, and knowledge creation.

As the month concluded, SBSU's May 2026 activities presented a thoughtful picture of learning, responsibility, achievement, and growth. From academic workshops to expert lectures, from placement drive opportunities to student achievements, and from educational visits to faculty publications, every initiative advanced the University's vision of excellence.

Education, after all, is not only about completing a syllabus or conducting examinations. It is about shaping minds, building confidence, creating opportunities, and preparing individuals for a meaningful future. The month of May 2026 once again reflected the vibrant academic culture of Sardar Bhagwan Singh University and its unwavering pursuit of excellence.



ACHIEVEMENT

# विकसित भारत के शिक्षक

विकसित भात के शिक्षक  
आपका बच्चों को तराशना  
एक दिन ये काम आयेगा...  
जब ये छूलेंगे आसमान  
तब कहीं जाकर आपका नाम आयेगा।  
इनके चंचल मन पर न लगाओ लगाम,  
ऐसा न हो कि ये भटक जाये बेनाम।  
मैं देखूंगी गर्व से, जब अखबार में इनका नाम आयेगा,  
इन्हें माफ करना भी कई बार काम आयेगा।  
अज्ञानता से ये डर न जाये,  
तुम देखो कि ये मुड़ने न पाये।  
यकीन है मुझे, एक दिन ये जरूर होगा,  
थोड़ा सा सब्र तुम्हें रखना होगा,  
निर्णय इनका अभिराम आयेगा।

आपका बच्चों को तराशना  
एक दिन काम आयेगा...

Dr Garima Singh  
Assistant Warden  
MGH



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