



University NEWS LETTER



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Editorial

A Season of Academic Excellence, Innovation and Renewal

Some months occupy a place on the academic calendar; others reflect where a university has been and where it is heading. June and July 2026 did both at Sardar Bhagwan Singh University, Dehradun.

June brought examinations to the forefront of University life. Across SBSU, students entered the final phase of months of study, preparation, assignments and classroom learning. Long study hours and late nights became familiar companions as they worked towards completing another important stage of their academic journey.

Examinations are significant, but they do not tell the entire story. They assess knowledge and skills, while also revealing discipline, adaptability, resilience and personal growth. Although the pressure to perform can make marks seem like the only measure of success, education is far more comprehensive. Academic excellence is essential, but so is the ability to maintain a healthy balance between sincere effort and self-care.

By the close of June, examinations had concluded, and the change in mood across the campus was unmistakable. The intensity of revision and examination halls gave way to the relief and anticipation of the summer vacation. Students returned home carrying hopes for good results and the satisfaction of having completed another demanding academic chapter.

July arrived with the monsoon, bringing much-needed relief to the earth and lending the season its familiar beauty. At the same time, the monsoon reminds us that nature has more than one face: refreshing showers and serene landscapes may coexist with the disruption caused by severe weather. The season thus encouraged the SBSU community not only to enjoy the warmth, rain and simple pleasures of summer, but also to value the environment with greater awareness and responsibility.

Soon thereafter, another turn in the academic calendar approached. The end of the summer recess marked the beginning of the Academic Session 2026–27 at SBSU. Fresh admissions brought new aspirations to the campus, while returning students came back rejuvenated and ready for another year of learning.

New students. New ambitions. New possibilities.

This is the rhythm of university life—effort, evaluation, reflection, renewal and, ultimately, a new beginning.

The story of June and July at SBSU, however, was not confined to examinations and vacation. These months also witnessed faculty development, academic recognition, environmental action, student accomplishments, yoga and wellness initiatives, professional exposure, placements and research achievements. Together, these events reflect the University's continuing journey of progress and excellence.

Happy Reading!

Editorial Team

PHOTOGRAPH OF THE MONTH



By:-

Divyanshu Shilwal

B.Sc.(Hons) Agriculture 1st Sem/1st Year

Faculty Development Programme

Building Quality Culture in Higher Education

Higher education cannot afford to stand still. As academic expectations evolve, educators and institutions must continue to learn, reflect upon their practices and strengthen the culture in which teaching, research and innovation flourish.

With this objective, the Internal Quality Assurance Cell (IQAC), in association with the Research and Innovation Cell, organised a five-day Faculty Development Programme (FDP) from 6 to 10 July 2026 on the theme: “Building Quality Culture in Higher Education: Innovation, Sustainability and Accreditation” The programme brought together distinguished academicians and experts, including:



- Prof.(Dr.) J.Kumar, Vice-Chancellor, Sardar Bhagwan Singh University
- Prof. (Dr.) R. Harihara Prakash, Pro-Vice-Chancellor and NAAC Assessor, Malla Reddy Vishwavidyapeeth
- Dr. Jyoti Bansal, Director, International Affairs and Quality, DBS Global University
- Prof. (Dr.) S. D. Samantaray, Head, Department of Computer Engineering, Govind Ballabh Pant University of Agriculture and Technology
- Prof. (Dr.) Naveen Arora, Dean, School of Earth and Environmental Sciences, and Head, SDG Cell, Babasaheb Bhimrao Ambedkar University
- Prof. (Dr.) Shivendra Kashyap, Vice-Chancellor, Govind Ballabh Pant University of Agriculture and Technology

The theme carried an important message: a quality culture in higher education is not created through a single initiative. Innovation, sustainability and accreditation are interconnected dimensions of institutional development. The FDP enabled participants to engage with contemporary perspectives on innovation and sustainability in education, institutional quality enhancement, and accreditation processes.

For the IQAC and the Research and Innovation Cell, the programme represented a focused effort towards strengthening the academic environment through continuous faculty learning, reflection and capacity building.

Times Young Achievers 2026

Academic Excellence Deserves Recognition Achievement matters. Recognition matters too.

SBSU, in association with The Times of India, organised Times Young Achievers 2026, bringing the accomplishments of young students into the spotlight. Meritorious students from 27 leading schools across Dehradun were felicitated with Certificates of Merit in recognition of their outstanding academic performance. The number of participating schools tells only part of the story. The larger message is equally significant: when young learners work diligently and achieve excellence, their efforts deserve to be acknowledged.

The event celebrated academic achievement while encouraging students to set higher goals for themselves. For the young achievers, the certificate was not merely a recognition of an accomplishment already earned; it was also an inspiration for the journey that lies ahead.



World Environment Day

Greener Intentions Need Greener Actions

Sustainability is easy to discuss; the real test is whether discussion translates into action.

On 5 June 2026, SBSU observed World Environment Day with an enthusiastic and meaningful tree plantation drive, reaffirming its commitment to environmental stewardship and a greener, healthier planet.

Students, faculty members and staff participated with a shared purpose—to contribute to ecological restoration and promote sustainable living. During the plantation drive, a diverse range of indigenous and flowering saplings was planted in designated areas of the University campus. The initiative aimed to enhance biodiversity and nurture a thriving ecosystem within the campus premises.

Such activities carry an important lesson. Environmental sustainability in universities is not built by slogans alone. It grows through awareness, participation and sustained action. Sometimes, quite literally, it begins with planting a tree.

An SBSU placement drive was also organized on 14th May for final-year MPT and BPT students for recruitment at Shivam Wellness and Rehab Centre, Noida. The organization invited applications for the position of Sports Rehab Physiotherapist, offering opportunities for three MPT and two BPT candidates.

This placement initiative provided students with valuable career opportunities in the field of physiotherapy and rehabilitation sciences. It also highlighted the growing scope of physiotherapy professionals in wellness, sports rehabilitation, and clinical care. Such placements reflect the University's commitment to career-oriented education and employability.



Student Achievements

When Effort Moves Beyond the Classroom

Some achievements belong to the University as a whole; others begin with the determination and perseverance of an individual student.

Mr. Ravi Ranjan Prasad, (B.Pharm LE 2019-22) has been selected as a Government Pharmacist under the Government of Bihar. His achievement reflects hard work, dedication and perseverance, and marks an important milestone in his professional journey. The SBSU family congratulates him and wishes him a successful and meaningful career ahead.

Another significant example of applied student learning emerged from the Department of Physiotherapy. Physiotherapy students provided on-field medical and rehabilitation support during the 42nd Gold Cup Tournament, where they successfully attended to 11 athletes and gained valuable experience in sports medicine and rehabilitation.

There comes a point when classroom knowledge must meet real-life situations. For students of physiotherapy, such professional exposure provides a valuable opportunity to apply their learning in an active sporting environment and understand the practical demands of medical care and rehabilitation support.

Though different in nature, these achievements share a common message: academic preparation gains deeper meaning when it finds application beyond the classroom.



International Day of Yoga

Well-Being in an Academic World

Academic life brings opportunity, ambition and growth. It can also bring stress. Therefore, physical and mental well-being must remain an integral part of the broader conversation on education.

On 21 June 2026, Sardar Bhagwan Singh University observed the International Day of Yoga through a grand yoga session conducted under the expert supervision of renowned yoga instructor Shri Shusheel Bhatt.

Following the Common Yoga Protocol, Shri Bhatt guided more than 600 participants through various asanas (yoga postures), pranayama (breathing techniques) and deep meditation practices. He also explained the physiological and mental-health benefits associated with each practice and encouraged young cadets and volunteers to incorporate yoga into their daily routine to manage the stress of modern academic life.

The programme went beyond a demonstration of postures. It conveyed a lasting message: yoga should not be limited to a date on the calendar. Its real value emerges when well-being becomes a part of everyday life.



Alumni Speak



From SBS University to Real Madrid Foundation Dubai:

A Journey in Sports Physiotherapy

My journey from the classrooms of SBS University, Dehradun, to the global arenas of football as a sports physiotherapist has been nothing short of transformative. As a proud alumnus of the 2018 Sports Rehabilitation batch, the foundation laid at SBS has propelled me to remarkable heights.

★
Dr. Ketul Parmar (PT)
MPT Sports 2018-20

Academic Achievement



GATE Qualification

Academic excellence continued with another important achievement for the SBSU community.

Ms Bhawna Pandey, M.Sc. Microbiology, Batch 2020–2022, has qualified for the Graduate Aptitude Test in Engineering (GATE).

Her success is a notable milestone

and adds to the University's growing record of student accomplishments. A result may be announced in a single line, but the preparation, perseverance and commitment behind it are far more extensive.

Student Placement

From Learning to Professional Life

For every student, education eventually reaches a stage where classroom preparation begins to meet professional opportunity.

Mr. Aditya Raj, M. Pharm., has secured placement with Skymap Pharmaceuticals. This achievement marks the beginning of an important professional journey and reflects his progression from academic learning towards practical engagement in the pharmaceutical sector.

Placements are often described as outcomes. For students entering the world of work, they are also new beginnings.



Aditya Raj
M.Pharm

Faculty Publications

Research Beyond the Campus

Teaching is one of the foundations of a university; research is another. Academic institutions contribute not only by disseminating existing knowledge, but also by participating in its creation and advancement.

During this period, faculty members and researchers associated with SBSU made scholarly contributions in areas including plant science, pharmaceutical research, phytochemistry, breast cancer management, host–pathogen interactions and physiotherapy.

The following publications reflect these academic contributions:

1. Komal, B., Niki, N., & Mamta, F. S. (2026). Dose-dependent effects of green-synthesised zinc oxide nanoparticles on growth and seed yield of black gram (*Vigna mungo* L.). *Plant Science Today*, 13, 13813.
2. Shreya, J., Pallavi, S., Vijay, J. U., Madhulika, E. P., Saranraj, P., Shiva, P. K., Bhawana, Y., Hasanain, A. J., & Deependra, J. (2026). In silico evaluation of *Ulex europaeus* L. phytochemicals for identification of potential inhibitors against Marburg virus protein 24. *Plant Science Today*, 13(2): 1–13
3. Srivastava, S., Upadhye, V. J., Prasad, M. E., & Singh, P. (2025). Applications of bioactive compounds of traditional Chinese medicine in breast cancer management. *Journal of Applied Pharmaceutical Research*, 13(4), 1–15.
4. Verma, D., Mudgal, B., Tufchi, N., Prasad, M. E., Pant, K., Thapliyal, A., Mitra, D., Gupta, S., Sami, R., Hilary, U., Baty, R. S., Kadi, R. H., Al-Nazawi, A. M., & Alqadri, N. (2025). Comparative analysis of host–pathogen protein–protein interactions between humans and various strains of *Mycobacterium tuberculosis*. *Clinical Laboratory*, 71(11).
5. Sharma, M., Prasad, M. E., Shaikh, A., Maharana, C., & Gupta, A. (2025). Evaluation of the phenolic, flavonoid, antioxidant and active ingredients in lemon peel extract. *Research Journal of Pharmacy and Technology*, 18(11), 5245–5250.
6. Sethiya, M., Arora, M., & Mishra, A. (2026). “Conservative physiotherapy for lumbar spinal stenosis with neurogenic claudication: A structured narrative review. *International Journal of Drug Delivery Technology*, 16(7), 1044–1055.
7. Chettri, P., Kaushik, A., Ghosal, P., Manger, I., Hamida, M. E., & Kaushik, J. J. (2026). Phytochemical fingerprinting, antioxidant activity and cytotoxic evaluation of marketed *Thalictrum foliolosum* (Pili Judi) root against MCF-7 breast cancer cells. *Scientific Reports*, 16(1), 21416.

The accomplishments of June and July 2026 demonstrate the many dimensions of SBSU’s institutional life: academic commitment, student success, faculty development, environmental responsibility, wellness, research and professional growth.

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