



University NEWS LETTER



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Editorial

From the “Naya Bharat” Independence Day celebration and Deeksharambh 2026 to student leadership, community service, alumni success, placements and faculty research, August brought together many strands of campus life at SBSU.

University months are often remembered through calendars: a ceremony here, an orientation there, a placement announcement, a research milestone. August at Sardar Bhagwan Singh University (SBSU), however, gathered these separate moments into a broader story of beginning again. The month was defined by the start of a fresh academic year and India's 80th Independence Day, but it was equally shaped by the arrival of new students, renewed responsibilities, institutional collaborations, community initiatives and academic achievements.

A vibrant cohort of freshers brought new perspectives and enthusiasm to the university. The month opened with a patriotic “Naya Bharat”-themed celebration and was soon followed by the Deeksharambh Induction Programme for the 2025–26 session, designed to ease the transition from school to university through interactive faculty and peer sessions. Outside the classrooms and auditoriums, refreshing monsoon rains turned the campus into a lush green sanctuary. Shared umbrellas and rainy-day moments became part of the first memories of university life, giving students space to form friendships that may travel far beyond the opening weeks of the academic term.

August was not simply a sequence of events; it was a month in which campus life at SBSU began to acquire its new rhythm.

Happy Reading!
Editorial Team

PHOTOGRAPH OF THE MONTH



By:-
Mohd. Ajmal
Associate Professor,
School of Pharmaceutical Sciences and Technology

PATRIOTISM AND THE VISIBILITY OF STUDENT LEADERSHIP

The Independence Day celebration at SBSU placed pride, unity and patriotic fervour at the centre of the campus. SBS University celebrated India's 80th Independence Day in the presence of Shri S.P. Singh, Chairman, GBSS; Prof. (Dr.) Gauravdeep Singh, President, SBSU; other high-ranking officials; heads; in-charges; faculty members; and students. Framed around the "Naya Bharat" theme, the celebration also marked the beginning of a month in which participation and responsibility became recurring ideas.

That sense of responsibility was made visible through the Investiture Ceremony 2026. Newly appointed University Captains and Vice Captains took on prestigious leadership responsibilities. Mr Ashish Kumar Kashyap, M.Pharm 2nd Year, was appointed Boys' Captain, while Ms Mitali Rawat, M.Pharm 2nd Year, was appointed Girls' Captain. Mr Devbrath Tripathi, B.Pharm 4th Year, became Boys' Vice Captain, and Ms Aarushi Maikhuri, B.P.T. 4th Year, became Girls' Vice Captain. The message extended to all student leaders entrusted with various reputed posts: lead with integrity, inspire with excellence and serve with dedication. In this sense, student leadership at SBSU was presented not merely as a title, but as a commitment to the wider university community



FROM CEREMONY TO INTELLECTUAL SECURITY



Another strand of August moved from campus ceremony towards research, innovation and intellectual security. Sardar Bhagwan Singh University (SBSU) signed a strategic Memorandum of Understanding with Doon Intellectual Property Solutions. The collaboration aims to foster innovation, strengthen research initiatives and provide students with expert guidance on patent filing, intellectual property rights and industry-standard legal frameworks.

The scope of the MoU is deliberately broad. It includes awareness and understanding of IPR, seminars, workshops and certification courses on IPR; identifying, drafting and filing intellectual property applications; end-to-end consultancy; and advisory and legal support services for technology transfer, IP licensing and the commercialization of potential innovations. Together, these areas connect research and innovation at SBSU with the practical structures through which ideas can be protected, developed and transferred. The university also extended its gratitude to Dr. Anuj Raturi, Head, IP Division, for the pivotal role in making the milestone possible—an institutional step framed around innovation, growth and shared success.



DEEKSHARAMBH 2026 AND THE SPIRIT OF CHARHDI KALA

For freshers, the most sustained introduction to university life came through **Deeksharambh 2026**. The **freshers orientation at SBSU, Dehradun** began with students coming together in soulful prayers. The **Deeksharambh '26 Induction Programme** drew inspiration from the Sikh philosophy of Charhdi Kala—the eternal spirit of resilience, optimism and service. This gave the induction a value-based frame: university entry was not presented only as the start of classes, but as the beginning of a wider academic and personal journey.

The programme combined motivational addresses, departmental orientations, student-led introductions and interactive activities. President Prof. (Dr.) Gauravdeep Singh emphasized holistic growth and values, while Vice-Chancellor, Prof. (Dr.) J Kumar, highlighted ethics, respect and well-being. Heads and faculty members introduced students to academic opportunities, mentorship and future pathways. Student Secretaries introduced new entrants to NCC, NSS and other clubs and societies to facilitate holistic development. Games, team-building exercises and student-led sessions added an informal dimension, creating a spirit of camaraderie and belonging.

AI, ethics, careers and the questions freshers will carry forward

Deeksharambh also addressed some of the concerns that will accompany students throughout their university years. A panel discussion on “AI Power in Learning” was moderated by Prof. (Dr.) Atul Kaushik, Dr. Kuljeet Kaur and Mr. Anil Panwar, along with student members. The session introduced freshers to the **ethical usage of AI in education**—an increasingly important part of how students learn, create and make academic choices.

The programme also connected new students with alumni experience. Dr. Shashi Ranjan, Mr. Udit Chauhan and Dr. Malvika Chawla interacted with students and shared their academic journeys. Career preparation was addressed by Dr. Tarun Bhatia and Mr. Dhruvad Shrivastav, who spoke on career strategies aimed at helping students meet the requirements of employers in 2030. Dr. Kanchan Dobhal highlighted the importance of human values and professional ethics, while Mr. Bhatt spoke on cyber crime and the need to remain vigilant. Taken together, these sessions moved across technology, employability, ethics, personal values and digital awareness without separating them from the larger purpose of university education.



HAR GHAR TIRANGA ABHIYAN

The university's August story also moved outside formal academic spaces. The SBS University NSS Wing, in collaboration with the Rotaract Club, organized a uniform distribution drive in two adopted schools in Balwala. The initiative reflected SBSU community service through direct engagement with the schools and the communities connected to them.

The NSS Unit also organized a poster competition under the Har Ghar Tiranga Abhiyan, an initiative of the Central Government, and the event received overwhelming participation from volunteers. In another awareness-oriented activity, the Anti Drug Cell organized a slogan and poster competition under the Nasha Mukta Bharat Abhiyan to create awareness among students, as directed by the Joint Director, Higher Education, and the Department of Social Justice. Together, the initiatives widened the idea of university participation: beyond academic performance, students were being invited to respond to civic, social and national concerns.



WHEN ALUMNI STORIES BECOME PART OF THE UNIVERSITY STORY



Institutional memory is often carried most powerfully by graduates who return through their achievements. One such voice in August came from Dr. Chaahat Jaiswal (PT), MPT Neuro, 2021–2023. Her journey from SBS University to securing a Permanent Government Job as a Class-I Gazetted Government Officer at SGPGIMS, Lucknow—stated as NIRF Rank #1 in Uttar Pradesh and #5 in India—with Merit Rank 01 and 76.04/100 marks in her first attempt, was presented as a milestone of merit, perseverance and professional pride

In her message, Dr. Jaiswal described the achievement as significant both personally and professionally and expressed gratitude to SBS University and her professors for the knowledge, guidance and unwavering support that laid the foundation for her journey. “Forever proud to be an alumna of SBS University” was the sentiment with which the

reflection closed, turning an individual success into a statement of continuing connection with the institution.

The **SBSU alumni achievements** highlighted during the month also included Dr. Harshvardhan Singh (PT) and Dr. Aditi Thakur (PT), whose dedication helped Mr. Yashvir Singh in achieving a Bronze Medal at the Commonwealth Games 2026. Their achievement added another dimension to the month's alumni narrative: professional excellence continuing to inspire the university community.

PLACEMENTS AND THE MOVEMENT FROM STUDY TO PROFESSION



August also recorded concrete professional outcomes for current students and recent graduates. The **SBSU placements** section celebrated Mr. Shreshtha Chaudhary, M.Sc. Pharmaceutical Chemistry, for placement at Spectrasynth Pharmachem; Mr. Kshitij Rathore, M.Sc. Pharmaceutical Chemistry, for placement at Akums Drugs and Pharmaceutical Ltd.; and Ms. Prathivya Parashar, B.Sc. Microbiology, for placement at Nitin Lifesciences Ltd. Each name represents a different transition from university preparation to a professional environment, and

together they form part of the broader academic-to-career pathway visible across the month.

Faculty Publications

- Negi, A. S., Ram, V., Kumar, A., Sundriyal, A., Semwal, R. B., & Semwal, D. K. (2026). "Shatavarin IV from Asparagus curillus roots exhibits antidiabetic activity in STZ-induced rats." Natural Product Research, 1-9.
- Elayaraja, S., Stejskal, V., Subramaniyan, R., Karn, S. K., Mabrok, M., & Rodkhum, C. (2026). "Combined Dietary Effects of Tenebrio molitor Meal and Probiotics on Growth Performance, Immune Response, and Pathogen Resistance in Nile Tilapia (Oreochromis niloticus)." Aquaculture Nutrition, 2026(1), 5390688.
- Dr. Santosh Kr. Karn serves as an editor in the book entitled "Advances in Eco-Biosensors," published by Apple Academic Press.
- Thakur, N., Raj, A., Kanupriya, Kumar, B., Mansi, Mahato, A., Belwal, N.S. and Shanthi, C.N. (2027). "Deep Eutectic Solvent-Based In-Situ Gel Systems for Enhanced In-Vitro Ocular Permeation and Antibiofilm Activity of Gentamicin Sulphate." Journal of Pharmaceutical Innovation, 22(1), 80.
- Khanna, S., & Arunmozhi, R. (2026). "Effect of Parent-Mediated Home-Based Rehabilitation Program for Enhancing Functional Outcomes and Participation in Children With Diplegic Cerebral Palsy: A Case Series." Cureus, 18(7).
- Kumar, S., Arunmozhi, R., Khattri, S., KUMAR, S., & Khatri, S. (2026). "Clinical Outcomes of Deep Transverse Friction Massage and Active Exercises on Pain, Quality of Life, and Maximum Mouth Opening in Patients With Temporomandibular Disorders: A Case Series." Cureus, 18(7).

Placed alongside orientation, service, leadership and placements, these publications make the month's editorial picture broader. They show an academic community working at several levels at once: welcoming new entrants, supporting student development, building institutional collaborations, recognizing alumni and professional outcomes, and contributing to research literature.

Sustainable Living for Young India

Humanity's Contradiction: Intelligence Without Responsibility: Of all the living things on planet earth, the species that lives most irresponsibly is ironically, the one which is supposedly the most intelligent and we call them humans! Rampant misuse by human beings has upset the ecological balance of natural resources so badly that future generations will be struggling for basic survival sooner than we think. The main reason for this sad situation is our greed and utter disregard for conservation of Mother Nature.

The Escalating Environmental Crisis: We continue to influence global warming by burning fossil fuels to generate energy, to run our modes of transport and industries. We destroy forests and pollute air and water bodies all in the name of development. Our actions towards environment have pushed the planet to an alarming point and thus making sustainable living not just desirable but rather essential.

The Role of the Young India: A major part of the responsibility to ensure sustainable living lies in the hands of our younger generation. Youngsters in India today are way more aware of issues than their predecessors were in their youth. All that they need is a push in the right direction along with the right guidance.

Sustainability Begins at Home: The key to sustainable living is conservation of resources. The simple way begins with thoughtful consumption and asking questions - do we really need this? Are we overusing/wasting? What can we do to replenish big needs?

No need for grand plans, just take some tiny steps to make the impact.

Water Conservation: A small starting point: Let's start with water, as it is one of the most essential and precious resources for the entire humankind, yet it is often wasted. Some simple steps can make big impact:-

Turning off taps when not in use, Avoiding long showers, Repairing leaks promptly Using flushes consciously, Reducing car washes, Preventing any kind of wastage, Adopting rainwater harvesting, Indian governments must ensure that ground water remain sun contaminated and water bodies are protected from industrial and sewage pollution.

Addressing Air Pollution Through Collective Action: Similarly, air pollution also needs a fix. People in India, especially the youth of India need to start taking some basic step to mitigate the same :-

Using public transport, Car pooling, walking/cycling for small distances, Avoiding burning garbage and planting more trees, Imposing stricter norms on industries and transitioning to renewable / clean energy sources are some of the obvious options.

Thoughtful change: All we need to do is just a - change in our mindset. Acknowledgement is required that nature is much bigger than humans and that the only way to ensure a good life for us is to treat natural resources with respect. If we fail to do so, future generations will have to bear the consequences.

Neil Armstrong' famous moon landing quote fits so well in this context that one small step for man, one giant leap for mankind'

Aayushi kanti
Bsc.Biotechnology(Hons.)

Patrons: Shri S.P. Singh, Chairman, Gaurav Bharti Shiksha Sansthan; Prof. Gaurav Deep Singh, President; Mr. Zorawar Singh, Manager.
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SARDAR BHAGWAN SINGH UNIVERSITY, BALAWALA, DEHRADUN-248161, UTTARAKHAND
TEL: 0135-2686246, **E-mail:** university.sbs@gmail.com, **website:** www.sbsuniversity.edu.in