

## SARDAR BHAGWAN SINGH UNIVERSITY ORGANIZED ONE DAY WORKSHOP ON TAPING TECHNIQUES



Sardar Bhagwan Singh University, Balawala, Dehradun organized a workshop on Taping Techniques for Bachelor and Master in Physiotherapy final year students on Wednesday, 23rd February. Dr. Prahlad Priyadarshi, Sports Physiotherapist, Sai Sports Authority of India, New Delhi was present in the workshop as resource person.

Prof. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health) welcomed Dr. Prahlad Priyadarshi. Prof. Veerma Ram (Officiating Vice Chancellor) presented a memento to Dr. Prahlad Priyadarshi as a token of gratitude.

Dr. Priyadarshi enlightened the fellow physiotherapy students of the University about how taping techniques help athletes to relieve from recurrent injury. He also mentioned that taping technique is very useful in treating patients with orthopedic and neurological disorders. Then Dr. Priyadarshi discussed the minute details of this technique by Hands on Training Program. Dr. Priyadarshi encouraged and wished participants for their bright future. The program was coordinated by Dr. Maitri Chaturvedi. All the faculty members and students were present during the event.

