

### THIRD DAY OF THE DEEKSHARAMBH PROGRAMME AT SARDAR BHAGWAN SINGH UNIVERSITY, BALAWALA, DEHRADUN



The third day of the Deeksharambh ceremony, which has been underway since August 21, started with a vital lecture and demonstration on cardiopulmonary resuscitation (CPR) led by Mr. Ashutosh Prasad. His insightful session equipped students with essential life-saving skills, emphasizing the importance of readiness and quick action in emergencies.

Following this, Padmashree Dr. Kalyan Singh Rawat delivered an inspiring lecture on Environment and Sustainable Living. His talk highlighted the critical role of environmental stewardship and sustainability, encouraging students to adopt eco-friendly practices in their daily lives.

Then, the introduction to the University's diverse array of clubs and societies, was presented by their conveners and prominent students. This session was followed by an enthusiastic enrolment drive, where students had the opportunity to join various clubs and societies that align with their interests and passions.

Adding a touch of excitement, the campus trivia quiz tested students' knowledge about the University's history and culture, fostering a deeper connection with their new academic home. The "Before I Graduate" mural wall invited students to share their dreams and aspirations, creating a vibrant display of future ambitions.

The day's activities continued with a thrilling treasure hunt that encouraged teamwork and exploration of the campus. This was followed by a Cultural Program performed by senior students, showcasing the rich artistic talents and traditions of SBSU.

An open mic session exclusively for freshers provided a platform for new students to express themselves creatively, sharing their talents and thoughts in a supportive environment.

The day concluded with a heartfelt address by Professor J. Kumar, the Honourable Vice Chancellor of the University, who provided words of encouragement and wisdom to the incoming students. Coordinator of the program "Deeksharambh" Dr Maitri Chaturvedi along with her team and convenors of various clubs and societies namely Prof C. Nithya Shanti, Prof Arun Mahato, Prof Yogita Dobhal Ms Gauri Kukreti, Dr Niki Nautiyal, Dr Meghna Wadhwa, Mr Mohd. Ajmal, Dr Alka Singh, Mr Pradhyumna Ghosal, Mr Ankush Sundriyal, Mr Vishal Warikoo, Mr Subham Shelly, Dr Priya Kamboj, Dr Deepanshu Rana, Ms Saraswati Bahuguna, Mrs Durga Uniyal, Mrs Neha Joshi and University Captain Mr Aniket Singroli(Boys) and Ms. Muskan Adhikari(Girls) immensely contributed to making the program reach the heights of success. The ceremony ended with a vote of thanks, expressing gratitude to all those who contributed to making the day memorable, and the dispersal of students, ready to embrace the new academic year with enthusiasm and confidence.