

SBS University, Dehradun organized Menstrual Hygiene Awareness Program



The Rotaract Club of Sardar Bhagwan Singh University, Dehradun, took a significant step towards promoting menstrual hygiene by organizing an awareness program for girl students at Government Inter College, Balawala. The event, held on November 6th, 2023, aimed to educate and empower young girls about the menstrual cycle and provide essential tips for maintaining cleanliness during this crucial period. Rotarians from the club played a pivotal role in enlightening the students on the intricacies of the menstrual cycle and easy ways to ensure

hygiene and well-being. To further support the cause, sanitary pads were also distributed to the attendees, ensuring they have access to vital menstrual hygiene products.

The program was Coordinated by Mr. Shubham Shaily (Convener, Rotaract Club), Swati Dobhal (Co-Convenor) and Puja Shah (member) along with student representatives Mr. Anshul Joshi (President) and Ms. Manisha Thapliyal (Secretary).

