



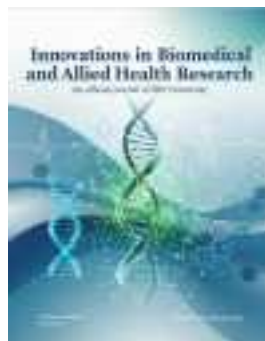
SARDAR BHAGWAN SINGH UNIVERSITY

(Established vide Uttarakhand Act 12 of 2018)

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About Journal

Innovations in Biomedical and Allied Health Research (IBAHR) is an official journal of **Sardar Bhagwan Singh University, Dehradun**, dedicated to publishing high-quality, peer-reviewed research that advances knowledge across biomedical sciences, pharmaceutical sciences, and allied health disciplines. The journal serves as an academic platform for researchers, clinicians, scientists, and scholars to share innovative findings, emerging technologies, and evidence-based practices that contribute to the improvement of human health and scientific understanding. With a strong commitment to academic excellence and ethical publishing standards, the journal reflects the university's vision of fostering research-driven education and promoting interdisciplinary collaboration across health and life sciences.

Aim:

Innovations in Biomedical and Allied Health Research is a peer-reviewed, multidisciplinary journal dedicated to advancing scientific knowledge and practical applications across biomedical sciences, pharmaceutical sciences, and allied health disciplines. The journal provides a platform for researchers, educators, clinicians, and industry professionals to disseminate high-quality research with global relevance.

Scope of the Journal:

The scope of **Innovations in Biomedical and Allied Health Research** encompasses a broad range of scientific disciplines that contribute to advancements in health, disease prevention, diagnostics, and therapeutic strategies. The journal welcomes original research, reviews, case studies, and short communications in areas including life & biomedical sciences, pharmaceutical sciences, agricultural Sciences, Chemical Sciences, allied health fields such as physiotherapy, medical laboratory technology, public health, and clinical research. It also encourages submissions in emerging interdisciplinary domains such as bioinformatics, computational biology, nanotechnology, biotechnology, and digital health innovations. By covering both fundamental and applied research, the journal aims to provide a comprehensive platform that supports scientific inquiry, fosters innovation, and strengthens the integration of diverse health-related disciplines.

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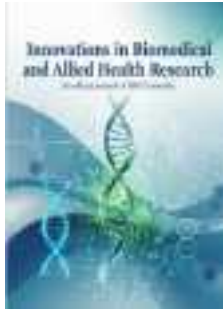
Journal is published **biannually**, with two issues released each year. This periodicity ensures the timely dissemination of high-quality research while maintaining rigorous peer-review and editorial standards. Special issues or supplementary volumes may be published as needed to highlight emerging themes, conference proceedings, or significant advancements in the biomedical and allied health sciences.

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Instructions for Authors

IBAHR- *Innovations in Biomedical and Allied Health Research*
(An official journal of SBS University)

**Please read through the following information before submitting your article.
For submission instructions, please see our website for “[SBSU Journal](#).”**

In this section you will find information on the entire submission process for SBSU Journal. This includes how to format the paper, the language guidelines, referencing, and the use of data, clinical trials etc. These resources ensure the quality of the journal submissions and that the articles have the best chance of acceptance.

1. Aims and Scope

Innovations in Biomedical and Allied Health Research is a peer-reviewed multidisciplinary journal that publishes original research articles, review papers, short communications, case studies, and methodological advances in the fields of biomedical sciences, pharmaceutical sciences, clinical research, and allied health disciplines.

The journal aims to promote innovative, evidence-based, and interdisciplinary research that contributes to advancements in healthcare, diagnostics, therapeutics, and public health.

2. Types of Manuscripts

The journal accepts the following categories:

- **Original Research Articles**
- **Review Articles (Narrative/Systematic)**
- **Short Communications**
- **Case Reports/Case Series**
- **Technical Notes**
- **Editorials (by invitation only)**

3. General Submission Guidelines

- Manuscripts must be original and not under consideration elsewhere.
- Submissions should be written in **clear, concise English** (UK or US English consistently).
- Authors must submit manuscripts in **Word format (.docx)**.
- All submissions should include a **cover letter** stating:

- Title of manuscript
- Type of article
- Confirmation of originality
- Conflict of interest declaration

4. Manuscript Structure

4.1 Original Research Articles

Manuscripts should be arranged in the following order:

- Title Page
- Abstract (150–250 words)
- Keywords (3–6 keywords)
- Introduction
- Materials and Methods
- Results
- Discussion
- Conclusion
- Acknowledgments (if any)
- Data availability statement
- Details of Ethical clearance (If Applicable)
- Conflict of Interest
- References

4.2 Review Articles

- Title Page
- Abstract (150–250 words)
- Introduction
- Thematic headings and subheadings
- Conclusion
- Acknowledgments (if any)
- Data availability statement
- Details of Ethical clearance (If Applicable)
- Conflict of Interest
- References

4.3 Case Reports

- Title Page
- Abstract (100–200 words)
- Introduction
- Case Presentation
- Discussion
- Conclusion
- References

5. Formatting Guidelines

- Font: Times New Roman, 12 pt
- Line spacing: 1.5
- Margins: 2.5 cm on all sides
- Page numbering: Bottom center
- Title: Bold, 14–16 pt
- Headings: Bold
- Subheadings: Italic or bold italics

6. Abstract and Keywords

- Provide **3–6 keywords** in alphabetical order.

7. Figures and Tables

- Figures must be submitted in high resolution (JPEG/TIFF, minimum 300 dpi).
- Tables should be editable (not images).
- All figures and tables must be numbered consecutively (e.g., Figure 1, Table 1).
- Captions should be placed below figures and above tables.

8. References Style

The journal follows **Vancouver referencing style**.

Examples:

- Journal Article:
Author AA, Author BB. Title of article. Journal Name. Year; Volume (Issue) :Page numbers.
- Book:
Author AA. Book Title. Edition. Publisher; Year.
- Website:
Author/Organization. Title. URL. Accessed on: Date.

References must be numbered in the order of appearance in the text.

9. Ethical Standards

- Research involving human/animal subjects must comply with institutional ethical guidelines.
- Ethical approval number must be mentioned in the manuscript.
- Informed consent is mandatory for human studies.
- Plagiarism should be below acceptable limits (generally <10–15%).

10. Conflict of Interest

All authors must disclose any financial or personal relationships that may influence the work.

11. Copyright Policy

Upon acceptance, copyright of the manuscript will be transferred to the journal. Authors must obtain permission for any copyrighted material used.

12. Peer Review Process

- All manuscripts undergo **double-blind peer review**.
- Initial editorial screening is followed by external expert review.
- Final decision rests with the editorial board.

13. Submission Process

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Email: sbsjournal@sbsuniversity.edu.in

14. Publication Charges: no publication charges

15. Contact Information

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